

ABSTRAK

HUBUNGAN FAKTOR PREDISPOSISI DAN LAMA BEKERJA DENGAN PENERAPAN *PERSONAL HYGIENE* PENJAMAH MAKANAN DI INSTALASI GIZI RUMAH SAKIT HASANUDDIN DAMRAH MANNA BENGKULU SELATAN

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(x +54+22 lampiran)

Bona janusela, Defi Ermayendri , Dino Sumaryono

Penjamah makanan di Instalasi Gizi Rumah Sakit Hasanudin Damrah Manna Bengkulu Selatan kurang memperhatikan *personal hygiene* ada sebagian penjamah yang tidak menggunakan celemek, penutup kepala, alas kaki, masker dan kurang memperhatikan penjagaan makanan. Tujuan penelitian ini untuk mengetahui hubungan faktor predisposisi dan lama bekerja dengan penerapan *personal hygiene* penjamah makanan di Instalasi Gizi RSHD Manna Bengkulu Selatan.

Jenis penelitian observasional dengan pendekatan *cross sectional* , populasi penelitian adalah seluruh penjamah makanan di instalasi gizi rumah sakit yang berjumlah 12 orang penjamah makanan . Analisis data menggunakan uji *chi square* di sajikan dalam tabel dan narasi.

Hasil penelitian diperoleh sebagian besar 75% pengetahuannya cukup, sebagian 50% sikap kurang baik terhadap penerapan *personal hygiene*, hampir seluruh responden 83,3 % yang pendidikannya tamat SMA , dan sebagian besar 66,7% tidak memenuhi syarat dalam penerapan *personal hygiene* berdasarkan lama bekerja.

Ada hubungan antara sikap dan umur dengan penerapan *personal hygiene* penjamah makanan di Instalasi Gizi RSHD Manna Bengkulu Selatan, dimana sikap $\rho = 0,001$ ($\rho < 0,05$) dan umur $\rho = 0,018$ ($\rho < 0,05$). Diharapkan penjamah makanan di instalasi gizi lebih memperhatikan dan memahami pentingnya penerapan *personal hygiene* dalam pengolahan makanan.

Kata Kunci : pengetahuan, sikap, umur, pendidikan, lama bekerja, penerapan *personal hygiene*

Daftar pustaka : 2001- 2014

ABSTRACT
**RELATIONSHIP OF PREDISPOSITION AND OLD WORKING FACTORS WITH THE
PERSONAL APPLICATION OF HYGIENE FOOD HANDLERS NU HOSPITAL
INSTALLATION HASANUDDIN DAMRAH MANNA BENGKULU SELATAN**

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(X + 54 + 22 annex)

Bona janusela, Defi Ermayendri, Dino Sumaryono

Food handlers at the Hasanudin Damrah Manna Nutrition Installation Hospital South Bengkulu attention to personal hygiene There are some handlers who do not use aprons, head cover, footwear, masks and pay less attention to food maintenance. The purpose of this study to determine the relationship of predisposing factors and length of work with the implementation of personal hygiene food handlers in Nutrition Installation RSHD Manna South Bengkulu.

The type of observational research with cross sectional approach, the study population is all food handlers at the hospital nutrition installations of 12 food handlers. Data analysis using chi square test is presented in table and narration.

The result of the research is that 75% of the knowledge is enough, some 50% less good attitude toward the implementation of personal hygiene, almost all respondents 83,3% whose education is graduated from senior high school, and most 66,7% do not fulfill requirement in personal hygiene implementation based on long working .

There is a relationship between attitude and age with the implementation of personal hygiene food handler at Nutrition Installation of Manna South Bengkulu Hospital, where attitude $p = 0,001$ ($p < 0,05$) and age $p = 0,018$ ($p < 0,05$). It is hoped that food handlers at nutrient installations pay more attention to and understand the importance of implementing personal hygiene in food processing.

Keywords: knowledge, attitude, age, education, length of work, application of personal hygiene

References: 2001- 2014